Hotel deliveries are subject to extra rate. All rentals are subject to a deposit. Informations related to all rentals:



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illage, find out why many of us are returning to the countryfield. Experience old traditional Living and benefit the tranquility of a truly old ing offers the best in Camping, mountain activities and waterfalls. the last community old villages in Portugal Ermida gerês camp-Trip to the North of Portugal.

Located in Peneda Geres National Park and surrounded by one of

Trip to the North of Portugal



Full day: 1-3 pax: 270€ | 4-8 pax: 340€ | Half day: 1-3 pax: 240€ | 4-8 pax: 285€ typical village (made of clay); Ericeira and Santa Cruz surf beaches;



Alfama (fado); historic centre; watchtowers; XVIII century aqueduct; Es-Belém Tower (UNESCO); Jeronymes Monastery (UNESCO); Bairro Alto;

Beautiful city tour: Ticket to Phaeteon and to Discoveries mo Ancient Lisbon vs Modern Lisbon Tour



watchtowers; XVIII century aqueduct; Estrela Basilic; night life. Monastery (UNESCO); Bairro Alto; Alfama (fado); historic centre; Beautiful seaside road; Cascais; Belém Tower (UNESCO); Jeronymes

**Ancients Tour** 

Lisbon Might Tour

TuoT zobido | satatha | smits | Other Tours

## **Trekking**

Half day: 1 - 3 pax: 230€ | 4 - 8 pax: 275€

Full day: 1 – 3 pax: 285€ | 4 – 8 pax: 365€

Monument, UNESCO world heritage) (5€ entry); Fátima. Eri-

Heritage) (5€ entry); Nazaré; Batalha Monastery (National

S. Martinho do Porto; Alcobaça Monastery (UNESCO World

Óbidos (was candidate to one of the Portuguese 7 wonders);

Stop at Almeirim for a tasty rock Soup (Sopa da Pedra)

Visit the villages where bull traditions still mantain.

Jegutrog Ienoitibert through traditional Portugal

PRIVATE TOURS

Return at 7 Pm

Pick up at 8-45Am

ceira Surf reserve.



Easy-going trekking for all family. Amazing sights sounds and revigorant odours from this green forest. Get to know the hid-

Experience a natural activity in a magnificient Natural Park away from the city and mass turism. Bring the young ones and introduce them the pleasures of the

natural environment. We'll guide trough the most beautiful and historical places in

speaker guide.

Trakking during the morning and Sightseeing tour to Sintra with visit to Monserrate palace.

Duration: Full day Difficulty level: Medium

Price 65€ (lunch included) Pic nic in great environment may

Half day: 1 – 3 pax: 200€ | 4 – 8 pax: 280€ Full day: 1 – 3 pax: 220€ | 4 – 8 pax: **300**€

PRIVATE TOURS

Experience: Fresh Fish at Sesimbra tel) and tickets to monuments and museums Includes: Two wine tastings (white or red wine and Setubal Mosca-

strolls (extra). ship center (extra); neolithical sepulchres; windmills; donkey Palmela: Castle; International Kart Racetrack (extra); craftman-

sified bay and for dolphin watching (extra). vent; Oceanography Museum; Roman vestiges; beaches; clasbra and Cape Espichel Palmela and the XVI th century Con-Arrábida allowing 360° views to Sado, Tróia, Setúbal, Sesim-Arrábida: Natural Park; panoramic view from the top of the

Millenarian Olive Trees; regional pastry and cheese. Azeitão: Wine tasting in Wine Cellar Museum; Village; Vineyards;



Arrábida | Palmela Tour

Sintra - Cascais | Natural Park

**BUNCHO** 

Rua da Areia nº 1306 - Areia - Cascais

e-mail: guinchoadventours@gmail.com

Tel: 00351 214 869 700 Telem: 00351 934 479 075

HD Video & Photo available

GUNCHO ADVENTOURS

N 38º43199

Half day: 1 - 3 pax: 200€ 4 - 8 pax: 300€ Full day: 1 – 3 pax: 220€

\* Minimum pax required: 4 Pick up at Lisbon extra 5€ pax

*PRIVATE TOURS* 

4 - 8 pax: 280€

fauna; geology; historic interest, and gastronomy. beachs, Maçãs and Azenhas do Mar (alive cliff) beaches; flora; village; Roca Cape (westernmost point in Continental Europe); the Seteais) Moorish Castle; the village; Quinta da Regaleira; Colares Sintra: Palaces (Pena, National Sintra Palace, Monserrate,

sino; Citadel; XVI th Church; Seixas Palace (XIX th Century); town-Guincho; Beaches; Monuments (Lighthouses and Fortresses); Ca-Cascais: Bay; Old Palatial Houses; Boca do Inferno (Infernal Mouth);

Take a walk to a secret beach only locals know about Enjoy a Portuguese traditional meal Visit the Quinta Regaleira

Sintra | Cascais Tour

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CASCAIS S. Jolio

to your rhythm

pick up at your hotel,

# Cabo da Roca Lighthouses& fortressesTour

Prices | For rent



To give to know this unique symbolic and historic heritage left by 500 years of activity fully dedicated to those who travelled the Sea, as well as to all these monuments that marking out the coasts, ended up giving assistance to the navigation. A chance to visit the rocky cliffs and hidden beaches

The Old Guincho Fortification dating the XVII century Abano beach

Vuneyards and countryside Cabo da Roca e Praia do Guincho & Adraga beach

Duration: 2H30m Driver:90€ Passenger: 40€ Minimum 4 Pax

Includes: Cabo da Roca + Porto wine tasting



World Heritage Landscape in the cultural category.

Includes: Visit to the Capuchos Convent + Porto wine tasting

We dare you to learn a little more about the history of Cascais and Sintra visiting two ancestral monuments: The Roman

Ruins (Casais Velhos) and the Capuchos Convent, through a

journey over historical and luxuriant paths in close contact

with nature, within a parameter classified by UNESCO as a

All tours include: - Briefing and training on aspects related with the buggy and the

driving techniques, the tours and the behavioural norms adopting while on the tours, as well as the places to visit;
- Safety equipment; visit to the monuments (when especified);
- Hotel pick up and drop off (Cascais; other áreas please consult us);

What will you need?

Cash security deposit.

Full driving licence (at least 1 year); Appropriate shoes and

Vat not included

Consult our site for full day tours

be arranged

the mountain. Duration: ½ day | Difficulty level: Medium | Price 25€ Includes: water,1st aid kit, insurance, transfer (From Estoril and Cascais. If you're arriving from Lisbon by train, we'll 38º 47'N pick you up at Cascais Train Station) English/Spanish/French

#### Combi:

Highlights

This tour will allow you to do an extra activity. Minimum 4 Pax



#### Beach /coastline Bike tour Estoril - Belém



This tour will allow you to really know all the spots of our beautiful Estoril Coast in straight line tour.

Duration: 2h Dificculty level: medium/low. Price 30€ includes Minibus transfer from Cascais to S.Pedro Estoril and return. Minimum 2pax

#### Option 2:

Highlights

11 + 11

This tour will let you go a bit further along the same route, visiting the historical Lisbon, Jeronymos Monastery, Belem Tower, always travelling close to the Tagus river, and ending the trip with a visit to the Padrão dos Descobrimentos monu-

Duration: 4h Difficulty level: Low. Price 40€ includes Minibus transfer from Cascais to S.Pedro Estoril ticket to monument. Return on train

### Sintra Cascais Mountain Biking



This tour will allow to experience some real MTBiking in Sintra Cascais Natural Park (Unesco classified this region in 1995)

Awesome trails, fresh woods, rocky cliffs, hidden beaches, wildlife, beautiful monuments and incredible mountain sightseeing to the Blue Atlantic.

The chance to visit the westernmost point in Continental Europe: Cabo da Roca

The silence and mysticism of this mountain will surely con-

#### A) Lagoa Azul - Forest - Guincho beach

Duration: 2h

Dificculty level: Medium

Price 30€ includes Minibus transfer from Cascais to Areia

#### B) Top of the mountain (477m) Duration: 5,30h

Dificculty level:Medium high Price 55€ (lunch included in traditional Portuguese restaurant

C) Combi (bike tour + van tour) Duration: Full day Dificculty level: Medium

Price 79€ (lunch included in traditional Portuguese restaurant)

#### Highlights'

This tour will allow you to do an extra activity. Mountain Biking during the morning and Sightseeing tour to

Sintra with visit to Monserrate palace. Minimum 4 Pax

## West coast mountain biking



This tour will allow you to travel north crossing the beautiful west coast in a exciting 2 days trip from cascais to Santa

Guincho ,Cabo da roca, Azenhas do Mar, Ericeira.

The ultimate experience to explore with the detail that only

1 st day is full day on bike. The night is spent in Santa cruz The 2 nd day is spent travelling on van visiting Mafra and returning to Cascais.

Duration 8h Difficulty level: Medium High

Minimum: 4 pax

Included support van plus lunch on first day Not Included accomodation and extra meals

Price on request

#### **Lisbon city tour**



bon descending to Marquês de Pombal Square. This tour covers great turistical inte-

rest spots such as Bairro Alto, Chiado, Downtown, Belém or Oceans Park(modern Lisbon)

Duration: ½ day Dificulty level: Low Price: 30€ (ginginha wine taste included)



#### Roller blade kart

For adrenaline addcts we sugest our new and exciting Experience high speed downhill on asphalt, Ideal fun for 😕 groups.

Minimum 4 Price on request

#### **Kayak Cascais**

# Highlights Activity in the Atlantic Experience the smooth waters while kayaking at Cascais and Estoril. This

will give you incredible perspective of our magnific coast. All the famous buildings, old palaces, nice beaches, ships, fortresses and lighthouses. Depending on conditions, visit the famous

Boca do Inferno, an incredible cave. Bring all your friends as this is an activity where laughter and good atmospherte is generated naturally.

Different starting places may be used according to your preference and weather conditions. Either way is a very good way to spend a morning or an afternoon, away from mass tourism and traffic

#### Included:

Double kayak (extra child seat in the middle), life vests, paddles,

Transfer from Cascais-Estoril. If you are arriving from Lisbon we will meet you at train station

#### Not included:

Hat, sun lotion, wet suit, neoprene boots, lunch

#### Additional Information:

Picnic at the beach is available. Please inquire for more details Meeting Point, pick-up and drop-off: Hotel pick up and drop off

Duration: 1/2 day Difficulty level: Easy Price 50€

## Kayak Arrábida



Snorkling+Secret Beaches+Island +

The Caves+ Smooth Waters+Sea Life

Discovery one of Portugal's best hidden treasures Great outdoor activity in a unique environment

Visit to secret cave on our trip across the coastline Picnic in the wild

A hidden piece of heaven is waiting for you. We make a quick stop in Azeitão to buy some snacks (we suggest fruit, sandwiches and some famous local pastries and

cheeses) We arrive to Arrabida Natural Park, where we find gold sand beaches and crystal blue water framed by an untouched mountain.

Duration: Full day Difficulty level: Easy / Medium Price 75€

#### Kayak Sesimbra - Fishing Village



We arrive to Sesimbra Village where the castle can be visited Departure from the fishing port and visit hidden beaches, rocky cliffs great opportunity to snorkel and take amazing pictures. We will have pic nic at great location.

Duration: Full day Difficulty level: Easy / Medium Price 70€



We ride south for 1 hour on a top class sightseeing trip. Crossing the 25th of April Bridge with a great view of Lisbon. We make a quick stop in Azeitão to buy some snacks (we suggest fruit, sandwiches and some famous local pastries and cheeses)

#### Guincho Extreme Kayak



Highlights

This is the our most radical kayak tour If you enjoy riding the waves Guin cho is the place for you! Know the unknown... places no one

ever goes... BUT YOU WILL! Be surprised by visiting an unusually calm bay

Duration: ½ day Difficulty level: Me dium / Hard Price 50€

Kayak Arrábida

#### Kayak Sesimbra - Fishing Vilage **Guincho Extreme Kayak**

Transfer, double kayak, life vest, water, transfers, insurance, friendly guides

#### Not included:

Lunch, sunscreen, hat, wetsuit and boots Additional Information: Bring sun screen, hat Meeting Point, pick-up and drop-off: Hotel pick up & drop off included at your hotel

### **Jeep Tour**



**Includes:** Pick up and Drop Off -Jeep tour through Sintra Hills Guincho Coast -Binoculars

-Free time in the village centre

-Lunch (full day only / half day no included)

#### **OPTIONAL VISIT TO:** -Pena Palace, Capuchos or Regaleira visit

**Price:** Full Day 70€ per person Minimum Pax: 4

Half day Price 40€ per person Sintra hills and Guincho coast Binoculars Water

#### All Tours include:

Personal accidents insurance as well as civil res-Scenic tour in confortable 8 pax mini-bus (Ac/ DVD),

Children discount

**Note:** Guincho Adventours reminds that the refered points of interest are merely indicative. They may be changed to client's previous choice, schedules, climatic and traffic conditions.

Consult our price on www.guinchotours.com or on your hotel office.

